

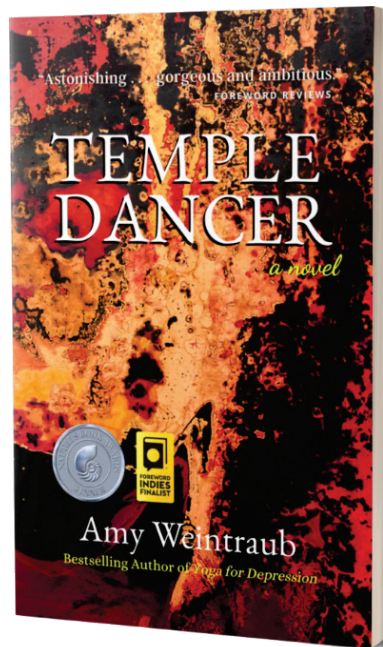
**For Immediate Release**  
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## **Temple Dancer**

By Amy Weintraub

TEMPLE DANCER, A 2020 NAUTILUS SILVER AWARD WINNER AND A FOREWORD INDIES 2020 BOOK OF THE YEAR FINALIST, IS A NOVEL OF AWAKENING AND DEEP CONNECTION.



*“Gorgeous and ambitious! Temple Dancer is an unforgettable novel about a woman’s search for peace—and another’s desire for justice, fleshed out with rich psychological descriptions that evoke the very different cultures they live in.”*

**—Foreword Reviews**

*“An inherently fascinating and compelling read from first page to last, Temple Dancer is an original and extraordinary literary experience and one that effectively showcases Amy Weintraub’s impressive flair for the kind of narrative driven storytelling that the reader will find thoroughly entertaining and engaging from beginning to end.”*

**—Midwest Book Review**

*“Amy Weintraub’s Temple Dancer is a book of wisdom earned through great suffering, deep contemplation, and real compassion.”*

**—Madison Smartt Bell, author of *Behind the Moon* and National Book Award Finalist *All Souls’ Rising: A Novel of Haiti***

***Temple Dancer*, [September 2020, ISBN: 9780974738062]** a novel of awakening and connection, spans the distance of time, space and culture through the parallel lives of Saraswati, a young Indian temple dancer in the 1940’s and Wendy, an unfulfilled artist living in contemporary New England. On a crowded train in southern India, a mysterious encounter leads to the exchange of a dusty red book, with a mission. Years later, on reading the lost volume, Wendy is transported on an unforgettable journey into the ancient and erotic world of the revered devadasi, a world of dance and devotion, music and mysticism, restraint and release, shame and disgrace. Like a double helix, their lives intertwine, opening the portal to spiritual transcendence through the making of art, the making of love, and most of all through love itself.

***Temple Dancer*** is a lush read, and a richly atmospheric journey deep into the history and magic of female sacred sexuality and spiritual transcendence. The triumphant stories of both women are enriched by compelling yoga philosophy and the eternal enigma that entwines the lives of two unlikely souls.

## About the Author



Amy Weintraub, MFA, C-IAYT is a pioneer in the field of yoga and mental health. Sounds True/McMillan has just released her new card deck, *YOGA FOR YOUR MOOD, 52 Ways to Shift Depression and Anxiety*. She is the author of two non-fiction books, *Yoga for Depression* (Broadway Books, 2004) and *Yoga Skills for Therapists* (W.W. Norton, 2012), and founded the LifeForce Yoga® Healing Institute in 2003. Her evidence-based yoga protocol for managing mood is used in clinical practices and healthcare settings globally, offered in professional trainings, and is featured on eight audio-visual products, including the LifeForce Yoga® series, an award-winning library of evidence-based yoga and meditation CDs and DVDs for mood management.

Amy holds a Master of Fine Arts degree in literary fiction from Bennington College and graduated summa cum laude from Boston University with a degree in English Literature. As an entrepreneur and teacher, Amy has offered workshops and retreats for over 20 years, and her email newsletter reaches 10,000 subscribers weekly. She lives in Tucson, Arizona.

Visit [amyweintraub.com](http://amyweintraub.com), and on [Facebook](#), [Youtube](#), and [Instagram](#) for more!

### Temple Dancer

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## Praise for TEMPLE DANCER...

*"I read this book in one day because I could not stop. It's one of those books, so clear the decks before you start. And then be prepared to be haunted and changed by the wisdom, sensuality, beauty, and fascinating history.*

*Read this if you want to be transported and possibly changed forever."*

**–Jennifer Loudon, author of *The Woman's Comfort Book and Why Bother?***

*"Temple Dancer is well-written, informative and entertaining..."*

**–Newport This Week**

*"Temple Dancer is a luminous, mobius story of female heart. These two beautiful, intricate stories create a mobius strip, sometimes intertwining, sometimes paralleling, but both women's lives burn from the same candle, burn through the same purifying, spiritual fires toward the same liberation—freedom from shame.*

*Temple Dancer is a fascinating, erudite read."*

**–Jami Macarty, Poet, author of *The Minuses, Instinctive Acts, Mind of Spring, and Landscape of the Wait***

*"Entwined, Saraswati's and Wendy's stories make a richly detailed novel, informed by authentic Indian classical dance and spiritual practice; and made complex by cultural differences, mores, and sexual manners."*

**–Christine Wald-Hopkins, Arizona Star**

*"Instantly captivating! Temple Dancer is a sumptuous novel that not only entertains but interweaves the intricate teachings of mystical wisdom and spirituality with love, both romantic and transcendental. If you are interested in divine connection or just a really great read, make Temple Dancer your next favorite book!"*

**–Nischala Joy Devi, author, *The Healing Path of Yoga and The Secret Power of Yoga***

*"Amy Weintraub's Temple Dancer lifted my spirit and carried me off to other times and places. The vivid characters, drawn with love and compassion, follow unique paths, yet their quests for wholeness are timeless, connected, and universal. The contemporary scenes carry deep resonance, and respectful insights into a lost culture are a gift. I hear heartbeats on every page."*

**–Bonnie Marson, author of *Sleeping with Schubert***

*"Temple Dancer is riveting. It is an amazing journey between past and present, artfully weaving the philosophy of India's ancient mythology into our world of today. The way the author paints pictures with words breathes life into people, places and experiences. It is a poetic and devotional adventure in consciousness that cannot help but awaken the heart and soul of the reader."*

**–Rama Jyoti Vernon, co-founder, *Yoga Journal*, author of *Yoga: The Practice of Myth & Sacred Geometry***